

TOASTY SALADS

TOASTY BOWLS

TOASTY SUBBIES

JOE'S SIGNATURE FAVES

JOE'S SIGNATURE FAVES

Item Name	Calories	Carbs (g)	Protein (g)	Sodium (mg)	Fat (g)	Fiber (g)	Sugar (g)	Saturated Fat (g)
Caesar Salad	540	25	8	820	47	4	3	7
Strawberry Fields	510	26	15	530	39	7	18	7
Buffalo 'Shroom	310	11	9	1790	26	4	6	6
Impossible Taco Salad	630	39	29	1900	39	11	11	17
Keto Power	740	18	31	2270	62	7	6	15
Harvest Time	580	43	11	1930	43	8	16	8
Black Bean & 'Cado	450	29	17	1450	31	10	3	8
Halloumi Bowl	500	29	24	1540	34	9	6	14
Buffalo Chicken 'Shroom	310	11	9	1790	26	4	6	6
Black Bean Steak & 'Cado Smash	810	74	46	1430	36	8	6	12
Chipotle Chicken & 'Cado Smash	800	69	46	1150	38	7	5	11
Salmon BLT & 'Cado	650	66	44	1120	22	6	5	5
Chicken Bacon Ranch	620	10	50	1500	41	1	7	15
Honey Bourbon Steak	1020	85	54	1650	51	5	21	17
Impossible Meatball Sub	600	42	47	2470	28	6	9	18
Joe's 'Cado Toast	440	33	16	480	26	8	1	6
Steak & Halloumi Toast	450	26	11	560	32	4	0	9
Impossibly Sloppy	1040	145	39	2220	34	12	16	15
Joe's Handcrafted Avocado Smash	450	44	10	960	27	10	2	5
Joe's House Black Beans	440	56	20	890	16	7	3	4
Citrus Mint Brown Rice Pilaf	70	8	1	700	3.5	2	1	0.5
Oven Crisped Broccoli	180	9	4	1210	16	4	2	2
Oven Roasted Sweet Potatoes	610	25	2	1540	56	4	5	8
Buffalo 'Shrooms	340	46	10	1010	14	5	8	2
Joe's Signature Parmesan Cauliflower	110	10	7	490	6	3	5	3
Impossible Meatballs (2)	300	21	22	1260	14	3	5	8